

Reem Abdullah Mohammed

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Objective:

Motivated and detail-oriented Food Science and Nutrition graduate seeking an entry-level position in the field of food safety, quality assurance, or nutrition research. Eager to apply academic knowledge, technical skills, and training in HACCP, ISO standards, and data analysis to support organizational goals, ensure product quality, and promote public health. Dedicated to continuous learning and contributing effectively within a professional team environment.

Education:

Bachelor's Degree in **Food Science and Nutrition**, Taif University – Saudi Arabia.

- GPA: 3.51/4.00
- Graduated: 2024

Projects:

Al-Kharj Project — Evaluating Dietary Patterns and Their Relationship to the Psychological and Social Condition of Adolescent Girls in Middle and High School

Undergraduate Research Project

- Conducted a cross-sectional study assessing dietary habits and psychosocial well-being among adolescent girls in Al-Kharj schools.
- Prepared findings to support recommendations for nutrition and mental-health programs in schools.
- Collected and analyzed survey data using validated nutritional and psychological assessment tools.

Professional Development:

Licences:

- **Certified Trainer – Food Safety Field** | Technical and Vocational Training Corporation (TVTC) | Expiry Date: November 20, 2027

Courses & Certificates:

- Team Leader HACCP
- Principles of Food Safety
- TOT - Certified Trainer
- Intensive English Course
- Team Leader HACCP Skills
- TOT on the clinical education
- Microsoft Power BI Data Analyst
- Total Quality Management (TQM)
- Food safety management system auditor ISO 22000
- OSHA Principles of Occupational Safety and Health
- Lead Auditor - Quality Management System ISO 9001
- Training on Office Applications in Quality Systems (TAONQ)
- Highfield Level 3 Award in Effective Auditing and Inspection

Volunteer:

- **Quality Ambassador – National Quality Strategy (SASO).**
Volunteer | 2025 – Present

Skills:

Hard skills:

- Food Safety & Quality Assurance
- HACCP principles
- Food Safety Auditing
- Microsoft Office Suite (Excel, Word, PowerPoint)
- Technical & Scientific Report Writing
- Data Analysis

Soft skills:

- Communication Skills
- Attention to Detail
- Problem-Solving
- Team Collaboration
- Adaptability
- Time Management

Languages

. Arabic

. Englis